

# The Winner



## Special Olympics Maryland, St. Mary's County

### *Cycling Season is Approaching!*

Cycling practices are returning to the Patuxent River Naval Air Station. Let us know if you have your own bike. Practices start on July 11 and are held each Saturday until September 19. No practice on September 5.

**Local Competition on September 12**

**State Competition on September 26**

We need to provide athlete names and driver names to the security office at Pax River by Tuesday of each week to ensure you have access. Register today!

**Directions:** Enter the Patuxent River Naval Air Station at Gate 1, across from Pegg Road. Proceed to the Security guard shack. They will have a list of names at the gate. Check in here. Continue to follow Busse Road until you reach Cedar Point Road. Turn left on Cedar Point Rd and follow until you cross the airplane taxiway. Turn left immediately on Millstone Road. Follow until you reach the road barricade and you will be directed to the parking area. Practice will be held on Whalen Road.

**PRACTICE TIMES:**

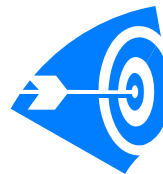
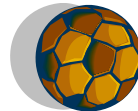
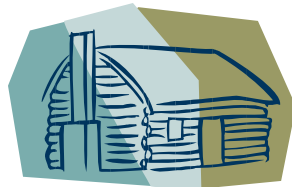
Group 1-Arrive by 8:15, practice is from 8:30 to 9:15.

Group 2-Arrive by 9:30, practice is from 9:45 to 11:00.

## Special Olympics Maryland Sponsors Sports Camp, August

Special Olympics Maryland is sponsoring its annual sports camp, August 2—7, 2009. Athletes with current medicals are eligible. Athletes reside at Camp Barrett, near Annapolis for the week. They participate in sports training, crafts, and leisure activities.

Applications will be accepted on a first-come, first served basis. Additional medical forms are required. Contact Mary Lu Bucci at 301-373-3469 or at [somdsmc@md.metrocast.net](mailto:somdsmc@md.metrocast.net) for more information.

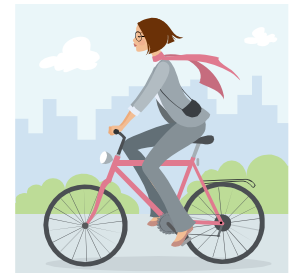


Visit our new website at [www.stmarysso.org](http://www.stmarysso.org)

**Special Olympics Maryland**  
ST. MARY'S COUNTY

### HIGHLIGHTS

- > Registrations for:
- > **CYCLING**
- > **GOLF**
- > **VOLLEYBALL**
- > Reminders of Kayaking and Sailing



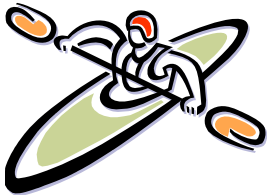
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Awards Banquet	

# SUMMER SPORTS TRAINING

## KAYAKING

Starts: Wednesday, May 13  
Held: 5 pm beginners  
6 pm experienced  
Where: Greenwell State Park  
State Tournament: July 25, 26



Kayaking starts on Wednesday, May 13<sup>th</sup>; this is a safety meeting – we will NOT be going into the water. We will meet at the top of the hill.

Practice times are 5 pm for inexperienced kayakers. Second group of experienced kayakers is at 6 pm. Contact TJ Parke at TheParks@comcast.net.

For anyone new to our training at Greenwell State Park – We practice at the FISHING beach, not at the kayak / canoe launch. When you enter Greenwell, stay straight -toward the horse stables – then turn right toward the Offices and conference center. Park in the lot at the offices. For normal practices, you will walk down the gravel path to the beach. NO VEHICLES will be allowed down the hill, unless transporting athletes who are unable to walk. Beginning May 20<sup>th</sup> we will be training on the water.

Recommended clothing: lightweight shorts or nylon sweat pants (try to avoid cotton – it soaks up the water). A shirt appropriate for the weather. Sunglasses are a good idea – polarized, if possible. Some athletes wear hats to keep the sun out of their eyes, but they're not required. Water shoes are very helpful, but if you don't have those, sneakers that can get wet will work. Sandals don't work as well because they pick up rocks and sand as we walk to the kayaks on the beach. Bring a towel to sit on for the ride home.

## SAILING

Starts: Tuesday, June 9  
Held: 5 pm—7 pm  
Where: St. Mary's College  
State Tournament: July 25, 26



Prepare for Sailing similar to kayaking. Bring gloves, knee pads, and a hat that attaches to the lifejacket. A water bottle is also helpful. Wear appropriate clothing that can get wet. Bring a lifejacket if you have one.

## GOLF SKILLS and TEAMS

### Looking for Partners,

### Also

Starts: Thursday, July 23  
Held: 5:30—7 pm  
Where: Wicomico Shores Golf Course  
State Tournament: Various qualifiers and competitions

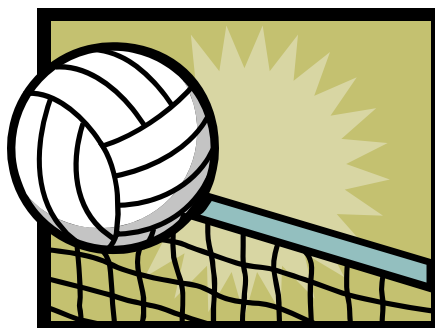
Learn skills and learn to play the game. Wear appropriate clothing for a golf course—collared shirt and dress pants. NO jeans or sweat pants. Tennis shoes are ok.



## VOLLEYBALL UNIFIED TEAM—Looking for Players

Starts: first week of June  
Held: to be determined  
Where: being established  
State Tournament: July 25 and 26  
at St. Mary's College of Maryland

TRYOUTS WILL BE HELD near the End of May.



Looking for players to create a unified adult volleyball team. Playing and winning at the competition on July 25 and 26 gives the team a chance to attend Special Olympics National Games in Nebraska in 2010.

## REGISTRATION FORM Special Olympics St. Mary's County 2009 CYCLING

Name:	Date of Birth:
Phone: (Home) (Cell)	(Work) E-mail:
Parent/Guardian Signature:	

Athletes need to attend regular Saturday practices.  
State Competition scheduled for September 26, 2009

Do you have your own bike? \_\_\_\_\_  
Can you transport it? \_\_\_\_\_

## REGISTRATION FORM Special Olympics St. Mary's County 2009 GOLF SKILLS OR TEAM

Name:	Date of Birth:
Phone: (Home) (Cell)	(Work) E-mail:
Parent/Guardian Signature:	

Athletes need to attend regular practices.

## REGISTRATION FORM Special Olympics St. Mary's County 2009 VOLLEYBALL

Name:	Date of Birth:
Phone: (Home) (Cell)	(Work) E-mail:
Parent/Guardian Signature:	

Athletes need to attend regular practices. State Competition scheduled for July 25 and 26, 2009. Please understand that a commitment to the team means that you are available to attend the National Competition in Nebraska next summer.

### PLEASE RETURN REGISTRATION IMMEDIATELY TO:

Mary Lu Bucci  
25926 Whiskey Creek Rd.  
Hollywood, MD 20636

Your Classroom  
Teacher

Terrie Carter  
Center for Life Enrich.

Mary Lu Bucci  
Metro  
Green Holly

# MOOSE PICNIC

Special Olympics St. Mary's County Family Picnic hosted by the Patuxent Moose Lodge

Saturday, June 13, 2009

(rain date of June 14)

At the PATUXENT MOOSE LODGE,  
Hollywood, MD

Time: 1:00 to 3:00 pm

Attendance limited to Athlete and 2 family members!

# Annual St. Mary's County Awards Banquet

Sunday, July 19, 2009

4:00 pm

Cost is \$2 per person

Come and celebrate our success this season!

## *Law Enforcement Torch Run Friday, May 29, 2009*

*8:30 am*

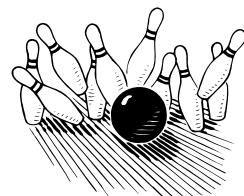
*Wildewood Center  
\$10 entry fee (waived for*



## **BOWLING SEASON starts in September.**

**We are trying to form Unified  
Teams.**

**Start looking now  
for a Unified  
Partner**



Special Olympics St. Mary's County  
25926 Whiskey Creek Road  
Hollywood, MD 20636



**Be a fan.**